



MPD BATON/IMPACT WEAPONS

2-HOUR EXPANDED COURSE OUTLINE

COURSE TITLE: Baton/Impact weapons

COURSE GOAL: In-service update on Baton/Impact weapons as well as, legal update on use of force issues and departmental policy.

AUDIENCE: Sworn and reserve peace officers as well as, PC832 certified employees of Public Safety Agencies.

COURSE OBJECTIVES:

Under the supervision of instructors and safety officers, members will:

1. Review appropriate legal material and general orders related to subject.
2. Review and demonstrate proper deployment and use of wooden baton or collapsible baton.

COURSE OUTLINE:

- I. Safety and classroom rules, introductions, and legal update
 - A. Introduce instructors
 - B. Review safety guidelines and procedures
 - C. First aid & injury procedures/reporting
 - D. Update of appropriate legal issues and departmental policy
 1. Use of force & AB 392
 2. General Orders/Policy (MPM 300)
 3. Case Law (Graham v. Connor)
 4. Penal and other codes (835a PC)
- II. Warmups, Basic Stance and Movement Drills
 - A. Position of Interview/advantage
 - B. Defensive stance
 1. Batting Stance
 2. Strong-side forward
 - C. Moving forward, backward, left and right
 - D. Pivots and turning
- III. Impact weapons (straight stick & expandable)
 - A. Review of nomenclature
 1. Straight stick
 2. Expandable

- B. Targeting areas
 - 1. Arms/ Hands
 - 2. Legs
 - 3. Body
 - 4. Bones closest to the surface of the skin. Exception to the rule are head and spinal column.
 - 5. Areas to Avoid
 - a. Eyes
 - b. Temple
 - c. Throat
 - d. Neck
 - e. Groin
 - f. Spine
 - g. Heart
 - h. Head

- C. Drawing of the baton/Expanding
 - 1. Straight stick
 - a. Strong-Side Cross Draw
 - b. Support-Side Draw
 - 2. Expandable
 - a. "Open to the sky"
 - b. "Open to the Ground"
 - c. Avoid opening the baton horizontally

- D. Ready positions
 - 1. One hand
 - 2. Two hands
 - 3. Port arms
 - 4. Lower cradle
 - 5. Upper cradle

- E. Strikes (while giving commands)
 - 1. Forward & reverse strikes (one and two handed)
 - 2. Jab strikes (front and rear)
 - 3. Diagonal strikes
 - 4. Rake strikes
 - 5. One-Hand grip strikes
 - 6. Two-Hand grip strikes
 - 7. Strike Zones (1-4)
 - a. Zone 1 (Upper)
 - b. Zone 2 (Lower)
 - c. Zone 3 (Figure-8 down)
 - d. Zone 4 (Figure-8 up)

- F. Blocks & parries
 - 1. High blocks
 - 2. Low blocks

- G. Weapon retention
 - 1. Circle in
 - 2. Circle out
 - 3. Figure 8
 - 4. Slap off
 - 5. Distraction and pull-up
 - 6. Roller Coaster

 - H. Weapon Management
 - 1. Holstering
 - 2. Collapsing

 - I. First Aid
- IV. Personal Body Weapon
- 1. Stance
 - a. Field Interview Stance
 - b. Defensive Stance

 - 2. Closed Fist Strikes
 - a. How to make a proper fist – rolling of fingers into the palm and wrapping the thumb on the outside
 - b. Straight Punch – Jab/Cross
 - c. Hammerfist Punch – Down/Side/Behind/Forward

 - 3. Open Hand Strikes
 - a. Palm Strike (heel of the hand)

 - 4. Elbow Strikes
 - a. Forward strike
 - b. Backward strike
 - c. Upward strike
 - d. Downward strike

 - 5. Straight Kicks
 - a. Above the waist/Abdomen
 - b. Ball of foot or flat of foot
 - c. Stabbing kick or Push kick

 - 6. Round Kicks
 - a. Kick to outside or inside of muscled areas of legs
 - b. Use of shin or instep of foot

 - 7. Knee Strikes
 - a. Front Strikes

 - 8. Target areas:
 - a. Chin/jaw

- b. Lower abdomen
- c. Lower Leg
- d. Collarbone

9. Areas to Avoid

- a. Eyes
- b. Temple
- c. Throat
- d. Neck
- e. Groin
- f. Spine
- g. Heart
- h. Head

10. First Aid

V. TESTING/REMEDICATION

Testing: Any student scoring below standard on any exercise, as established by the presenter, will be remediated, and tested until standard is achieved.