



Recreation and  
Community Services

**FOR OFFICE USE ONLY**

Membership # \_\_\_\_\_ Staff Initials \_\_\_\_\_

New Membership \_\_\_\_\_ 3 Day Trial \_\_\_\_\_ Renewal \_\_\_\_\_

Residency verified: Yes \_\_\_\_\_ Non Resident \_\_\_\_\_

**MILPITAS SPORTS CENTER MEMBERSHIP REGISTRATION FORM**

**PLEASE PRINT**

TODAY'S DATE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ **Please add my email to the following user lists:** ☐ Aquatics ☐ Fitness ☐ All Programs

**EMERGENCY CONTACT PERSON**

NAME: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

PHONE NUMBER: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

**MEDICAL INFORMATION AND LIABILITY RELEASE**

This information **is confidential** and will be kept on file. We encourage you to have a physical examination prior to beginning any exercise program. Should you wish, please check the condition(s) that may apply to you:

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Respiratory problems/asthma | <input type="checkbox"/> Obesity             | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Recent head or back injury |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Heart problems      | <input type="checkbox"/> Recent surgery   | <input type="checkbox"/> Arthritis                  |
| <input type="checkbox"/> Pregnancy                   | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Chronic illness  | <input type="checkbox"/> Epilepsy                   |
| <input type="checkbox"/> Other _____                 |  |   |   |

Are you currently under a doctor's care? ☐ YES ☐ NO \_\_\_\_\_

Are you currently taking any medication? ☐ YES -TYPE \_\_\_\_\_

If any of these conditions or other medical problems apply to you, **we recommend that you always consult a physician for guidelines for *prior* to participation in any physical fitness program.**

**Release and Waiver of Liability and Indemnity Agreement**

***DO NOT SIGN THIS DOCUMENT BEFORE YOU READ IT AS IT CONTAINS A WAIVER AND RELEASE OF LIABILITY TO WHICH YOU WILL BE BOUND.***

In consideration of being permitted to enter the Milpitas Sports Center (hereafter "the Center") for any purposes including, but not limited to observation, use of facilities or equipment, or participation in any way, the undersigned hereby releases, waives, discharges and covenants not to sue the Center, the City of Milpitas, or any of its agents or employees (hereinafter referred to as "releasees") from liability to the undersigned for any loss of damage, and any claim or demands therefore on account of injury to the person or property or resulting in death or the undersigned, whether caused by negligence or the releasees or otherwise, while the undersigned is in, upon or about the premises or any facilities or equipment therein. The undersigned further authorizes the administration of any first aid steps that may be deemed necessary by qualified personnel.

The undersigned has reviewed and understands that **NO REFUNDS will be given. Unlimited Use memberships are NON-TRANSFERABLE and NON-REFUNDABLE.** The undersigned further agrees as a participant in any paid or free activity, event or program to grant full permission to the City of Milpitas to use his or her name and any photographs, videographs, motion pictures or recording for any publicity or promotional purposes without obligation or liability. The undersigned agrees that participation in Center programs is permissive, and that the City of Milpitas reserves the right to suspend or revoke user privileges as deemed necessary in regards to the Code of Conduct as described on the back of this registration form, for the safety of the participants, staff, contractors and other facility users.

***I ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS WAIVER AND RELEASE AND I FULLY UNDERSTAND THAT, BY SIGNING BELOW, I AM WAIVING ANY RIGHT THAT I MAY HAVE TO BRING A LEGAL ACTION OR TO ASSERT A CLAIM AGAINST THE CITY OF MILPITAS FOR NEGLIGENCE.***

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

☐ Parent ☐ Guardian ☐ Participant

# Milpitas Sports Center

## CODE OF CONDUCT

The Milpitas Recreation and Community Services Department would like you to enjoy the athletic and wellness opportunities at the Sports Center. In order to carry out our mission and provide a safe and pleasant environment all patrons are required to comply with our “Code of Conduct.” By entering this center you consent to and will be held responsible for following the below rules.

It is expected that all Sports Center patrons will successfully be able to:

1. Treat patrons, staff, contractors, and volunteers with respect and courtesy.
2. Refrain from behavior that is disruptive and/or inappropriate and causing people discomfort, including but not limited to:
  - any form of physical or verbal threatening actions: including “trash talking” or taunting, profane language
  - inappropriate physical contact: including shoving, pushing, or striking
  - disrespectful behavior and unkind comments toward patrons, staff, contractors and/or volunteers
3. Maintain and respect City property, equipment, and staff work space:
  - Do not kick equipment, bleachers, walls or doors
  - Wipe down equipment when you are finished
  - Wipe down floors for excess sweat or spilled liquid drinks
  - Do not drop free weights
  - Rack and replace all equipment used
4. Dress appropriately while attending programs and classes while maintaining appropriate personal hygiene. Wear proper apparel, including athletic shoes, shirts, sweatpants or shorts. (NO flip-flops, sandals, boots, or bare feet)
5. Refrain from using strong perfumes, cologne (to be respectful for patrons with severe allergies to such odors)
6. Do not appear in, on or around the facility at any time under the influence or in possession of a controlled substance, or in an intoxicated condition.
7. All patrons must use headphones while using personal devices, so as not to disrupt other members from their workout.
8. Do not save equipment or space for other patrons. You must be present to use the equipment.
9. Any other acts or behaviors, not included on this page, that are deemed offensive, threatening or disrespectful by patrons and/or staff is prohibited.
10. No loitering, watching television or leisurely activities.

Failure to abide by this Code of Conduct could result in a range of consequences, up to and including expulsion from the facility, forfeiture of fees, financial restitution for any damages, lifetime suspension and criminal charges.



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